

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: Week 10 - 10/2 -10/5
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 2	
M o n d a y	Notes: 2nd	Objective: Recognize & identify the common types of medications used in society and the justifications for their use Identify the differences between therapeutic and recreational drugs Describe the 5 Rights involved in the use of medications Lesson Overview: L 5 Common Therapeutic meds. L 6 drug basics.pptx	Academic Sports Med CTE Standards: 8.3 3.6
T u e s d a y	Notes: 3rd	Objective: Learn more about contemporary ergogenic aids and their efficacy Understand the process and purpose of the drug testing procedures at various levels of sport Lesson Overview: L 7 Ergogenic aid cont.ppt L 8 Drug Testing in Sports.	Academic Sports Med CTE Standards: 3.6
W e d n e s d a y	Notes: 4th	Objective: Understand the factors that can contribute to drug abuse Identify drugs/medications that are commonly abused in athletics Assess the consequences associated with drug abuse and how to initiate treatment Lesson Overview: L 9 Drug Abuse L 10 Natural Supplementation.	Academic Sports Med CTE Standards: 3.6
T h u r s d a y	Notes: 5th	Objective: Explain the effects that steroids, androstenedione and human growth hormone have on the body in physician-prescribed use and illicit use. Understand the legal requirements for release of medical records Lesson Overview: L 11 Steroids and HGH. L 12 Ethics.ppt -	Academic Sports Med CTE Standards: 3.6 3.10

F r i d a y	Notes: 6th	FALL BREAK	Academic Sports Med CTE Standards:
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